



1865 Springfield Ave  
 Maplewood, NJ 07040  
 T: 973-327-2239

M-F: 5am to 10 pm  
 SAT: 7am to 6pm  
 SUN: 8am to 5pm

## December 2011 Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30	1	2	3	4
6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba Toning  7:30 pm to 8:30 pm Zumba	9:30 to 10:30 am Zumba  6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba  7:30 pm to 8:30 pm Zumba		9:00 to 10:00 am Zumba	
5	6	7	8	9	10	11
6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba Toning  7:30 pm to 8:30 pm Zumba	9:30 to 10:30 am Zumba  6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba  7:30 pm to 8:30 pm Zumba		9:00 to 10:00 am Zumba	
12	13	14	15	16	17	18
6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba Toning  7:30 pm to 8:30 pm Zumba	9:30 to 10:30 am Zumba  6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba  7:30 pm to 8:30 pm Zumba		9:00 to 10:00 am Zumba	
19	20	21	22	23	24	25
6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba Toning  7:30 pm to 8:30 pm Zumba	9:30 to 10:30 am Zumba  6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba  7:30 pm to 8:30 pm Zumba		9:00 to 10:00 am Zumba	
26	27	28	29	30	31	1
6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba Toning  7:30 pm to 8:30 pm Zumba	9:30 to 10:30 am Zumba  6:30 pm to 7:30 pm Boot Camp	9:30 to 10:30 am Zumba  7:30 pm to 8:30 pm Zumba		9:00 to 10:00 am Zumba	